



# Assisted Living

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# The Bridges at Edinburg Assisted Living

## *The Costs & Future of Assisted Living*





# Bridging the Gap between Independent Living and a Nursing Home

# Independent Living

- Residential living setting for seniors that may or may not provide hospitality or supportive services. Residents lead an independent lifestyle requiring minimal or no assistance. Generally referred to as elderly housing in the government-subsidized environment, independent living also includes rental-assisted or market-rate housing where residents usually have complete choice in whether to participate in a facility's services.

*(National Center for Assisted Living Glossary of Terms /Assisted Living Federation of America Senior Housing Definitions)*



# Nursing Home

- **Provides 24-hour skilled care for more acute patients. Patients generally rely on assistance for most or all daily living activities (such as bathing, dressing and toileting).**

*(National Center for Assisted Living Glossary of Terms /Assisted Living Federation of America Senior Housing Definitions)*

# Assisted Living

- Senior housing that provides individual apartments.
- Facilities offer 24-hour on-site staff, assistance with activities of daily living (ADLs), medication management, congregate dining, and activity programs.
- Nursing services may be provided by Home Health Care agencies.

*(National Center for Assisted Living Glossary of Terms  
/Assisted Living Federation of America Senior Housing  
Definitions)*



# Who Needs Assisted Living?

## Assisted Living Residents' Specific Needs

- 68% require assistance with bathing.
- 47% require assistance with dressing.
- 27% require assistance with toileting.
- 22% require assistance with transferring.
- 13% require assistance with eating.

*(National Center for Assisted Living, 1998 Facts and Trends:  
The Assisted Living Sourcebook)*

# The Unique features of The Bridges at Edinburg ?

- Warm, home-like atmosphere;
- Caring, trained staff;
- Gorgeous Walking Gardens;
- Private rooms with private baths;
- Full range of ADLs assistance available.





# Cost Comparison with Other McAllen-Area Facilities:

<b>Assisted Living:</b>		
<b>Licensed Assisted Living Homes</b>	<b>Private Room</b>	<b>Semi-Private Room</b>
<b>Bridges at Edinburg</b> <i>5208 S. Sugar Rd. Edinburg, TX Tel. (956) 782-9882 32 Beds</i>	<b>\$2,400 – 2,600</b>	<b>N/A</b>
<b>Waterford Gardens</b> <i>1522 E. Griffin Parkway Mission, TX Tel. (956) 584-1984 32 Beds</i>	<b>\$3,050 – 3,475</b>	<b>\$2,050 – 2,475</b>
<b>The Biltmore</b> <i>700 E. Jackson McAllen, TX Tel. (956) 682-5659 16 Beds</i>	<b>\$2,400 – 3,000</b>	<b>\$2,200 – 2,600</b>
<b>Alzheimer's Care:</b>		
<b>Licensed Alzheimer's Assisted Living Home</b>	<b>Private Room</b>	<b>Semi-Private Room</b>
<b>Bridges at Mission</b> <i>1201 St. Claire Blvd. Mission, TX Tel. (956) 519-9800 33 Beds</i>	<b>\$3,100</b>	<b>\$2,100 - 2,600</b>

# SCREENING TOOL FOR ASSISTED LIVING

## HEALTH CONDITIONS THAT MAY REQUIRE ASSISTED LIVING:

- Advanced Age
- Confusion, mild dementia
- Depression
- Isolation
- Improper Nutrition, lack of nutrition
- Lack of medication management
- Difficulty walking
- Recent falls
- Hypertension
- Heart Disease
- Stroke
- Diabetes
- Cancer (chemo, radiation)

## Assistance Provided:

- Dressing
- Bathing/grooming
- Toileting/depends
- Meal preparation
- Laundry/housekeeping
- Ambulation: walking, wheelchair, one person transfer
- Medication management
- Doctor's visits
- Safe, supervised residence

## Disqualifying conditions:

- Bed bound (two person transfer)
- Permanent feeding tubes
- Colostomy bag
- Requires skilled nursing care daily

## FACTORES QUE DETERMINAN LA NECESIDAD DE UNA VIDA ASISTIDA

- Salud: de pobre a regular, debido a:
- Edad avanzada
- Confusión, demencia leve
- Depresión
- Aislamiento
- Alimentación inadecuada, malnutrición
- Falta de dirección para la administración de las medicinas
- Dificultad para caminar
- Caldas recientes
- Hipertensión
- Problemas cardiacos
- Infarto
- Diabetes
- Cancer
- Asistencia Proveida:
- Vestirse
- Bañarse y arreglarse
- Ir al baño
- Preparar los alimentos
- Labores del hogar
- Desplazarse con silla de ruedas
- Administración de las medicinas
- Vistas médicas
- Seguridad, supervisión cotidiana
- Factores Descalificantes:
- Incapacidad para salir de la cama sin la ayuda de dos personas
- Alimentación permanente por sondas
- Colostomía
- Necesidad de cuidados diarios de una enfermera especializada